

# SEPTEMBER | 2021

## SOUTHWEST ELEMENTARY



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU SUBJECT TO CHANGE

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**30** B: Cinnamon Rolls  
Hamburger,  
Chicken & Waffles  
Mashed Potatoes  
Garden Salad  
Fresh Fruit (Banana),  
Pineapple

**31** B: Crunchmania Crackers  
Fancy Taco Salad w/ Scoops,  
Chicken Patty Sandwich  
Refried Beans,  
Cucumbers & Tomatoes  
Applesauce,  
Pears

**1** B: Filled Bagels  
PB&J w/ Yogurt & Cracker,  
Beef & Cheese Nachos  
Broccoli,  
Garden Salad  
Fresh Fruit (Grapes),  
Pineapple

**2** B: Yogurt w/ Cracker  
Hotdogs,  
Mac & Cheese w/ Roll  
Peas & Carrots,  
Celery & Carrots  
Fresh Fruit (Orange),  
Mixed Fruit

**3** B: Muffins /w Cheese Stick  
Corndog,  
Pizza  
Brussels Sprouts,  
Baby Carrots  
Applesauce Cups,  
Pears



**7** B: Crunchmania Crackers  
Pepperoni Calzone,  
Fancy Chef Salad w/ Chicken,  
Cooked Spinach,  
Cucumbers & Tomatoes  
Mixed Fruit,  
Mandarin Oranges

**8** B: Filled Bagels  
Hot Dog,  
Spicy Chicken Sandwich  
Sugar Snap Peas,  
Garden Salad  
Fresh Fruit (Grapes),  
Raisins

**9** B: Yogurt w/ Cracker  
Chicken Quesadillas,  
PB&J w/ Yogurt & Cracker,  
Baked Beans,  
Celery & Carrots  
Fresh Fruit (Orange),  
Pineapple

**10** B: Muffins /w Cheese Stick  
Bosco Sticks,  
Pizza  
Broccoli,  
Baby Carrots  
Peaches,  
Applesauce Cup

**13** B: Cinnamon Rolls  
Chicken Patty Sandwich,  
Pizza  
Baked Beans,  
Garden Salad  
Fresh Fruit (Banana),  
Pears

**14** B: Crunchmania Crackers  
PB&J w/ Yogurt & Crackers  
Fancy Chef Salad w/ Popcorn Chicken  
Mixed Vegetables,  
Cucumbers & Tomatoes  
Mandarin Oranges,  
Pineapple

**15** B: Filled Bagels  
Rotini w/ Bread Stick,  
Ham & Cheese Strips,  
Cauliflower,  
Garden Salad  
Fresh Fruit (Pears),  
Applesauce

**16** B: Yogurt w/ Cracker  
Corn Dog  
Southwest Burger,  
Peas,  
Celery & Carrots  
Fresh Fruit (Apple),  
Peaches

**17** B: Muffins /w Cheese Stick  
Fish Nuggets w/ Pretzel Stick  
Hot Dog  
Broccoli,  
Baby Carrots  
Mixed Fruit,  
Pear

**20** B: Cinnamon Rolls  
Chicken Tenders w/ Roll,  
Bosco Sticks  
Cauliflower,  
Garden Salad  
Fresh Fruit (apple slices),  
Mandarin Oranges

**21** B: Crunchmania Crackers  
Pepperoni Strips,  
Fancy Chef Salad w/ Ham  
Corn,  
Cucumbers & Tomatoes  
Raisins,  
Peaches

**22** B: Filled Bagels  
PB&J w/ Yogurt & Cracker,  
Hamburger  
Broccoli,  
Garden Salad  
Fresh Fruit (Grapes),  
Pineapple

**23** B: Yogurt w/ Cracker  
Spicy Chicken Sandwich  
Hotdogs,  
Peas & Carrots,  
Celery & Carrots  
Fresh Fruit (Orange),  
Mixed Fruit

**24** B: Muffins /w Cheese Stick  
Corndog,  
Pizza  
Baked Beans,  
Baby Carrots  
Applesauce Cups,  
Pears

**27** B: Cinnamon Rolls  
Hamburger,  
Chicken & Waffles  
Mashed Potatoes  
Garden Salad  
Fresh Fruit (Banana),  
Pineapple

**28** B: Crunchmania Crackers  
Fancy Taco Salad w/ Scoops,  
Chicken Patty Sandwich  
Refried Beans,  
Cucumbers & Tomatoes  
Applesauce,  
Pears

**29** B: Filled Bagels  
PB&J w/ Yogurt & Cracker,  
Spicy Chicken Sandwich  
Broccoli,  
Garden Salad  
Fresh Fruit (Grapes),  
Pineapple

**30** B: Yogurt w/ Cracker  
Hotdogs,  
Pepperoni Strips  
Peas & Carrots,  
Celery & Carrots  
Fresh Fruit (Orange),  
Mixed Fruit

**1** B: Muffins /w Cheese Stick  
Corndog,  
Pizza  
Brussels Sprouts,  
Baby Carrots  
Applesauce Cups,  
Pears

### News

**ALL  
STUDENT  
BREAKFAST  
MEALS  
&  
LUNCH  
MEALS  
Are  
FREE**

Until the end of the  
'21-'22 School Year  
Or  
Sooner if the USDA  
runs out of money.

A la cart Milk \$0.50  
A la cart Entrees \$1.75  
A la cart Sides \$1.05  
A la cart Crackers \$0.40  
Snacks \$0.40  
Snacks \$0.75